

**For Assistance and Services –
Regional Resources**

• **Victim Services**

St. John's729-0900
Carbonear945-3019
Clarenville466-5808
Corner Brook637-2614
Gander256-1028
Grand Falls-Windsor292-4544
Happy Valley-Goose Bay896-0446
Nain922-2360
Port Saunders861-2147
Stephenville643-6588

• **Regional Health Authorities (Eastern Health, Central Health, Western Health, and Labrador-Grenfell Health):** Check your phone book for your nearest community health services/health and community services office.

• **Royal Newfoundland Constabulary**

St. John's729-8000
Corner Brook.....637-4100
Labrador City.....944-7602

**For Assistance and Services –
Provincial Resources**

- **Seniors Resource Centre** toll free information line:1-800-563-5599 (St. John's)737-2333
- **Mental Health** toll free 24-hour crisis line:1-888-737-4668
- **Royal Canadian Mounted Police**1-800-709-7267



We open Doors for you!

**Seniors Resource Centre
of Newfoundland and Labrador**
Suite W100, 280 Torbay Road
St. John's, NL A1A 3W8

Ph.: 709-737-2333 or Toll free: 1-800-563-5599

Email: info@seniorsresource.ca

Website: www.seniorsresource.ca

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**Seniors Resource Centre
of Newfoundland and Labrador**



ELDER ABUSE

SHATTERS

Lives and Relationships

FINANCIAL ABUSE

