

**For Assistance and Services –  
Regional Resources**

• **Victim Services**

St. John's .....729-0900  
Carbonear .....945-3019  
Clarenville .....466-5808  
Corner Brook .....637-2614  
Gander .....256-1028  
Grand Falls-Windsor .....292-4544  
Happy Valley-Goose Bay .....896-0446  
Nain .....922-2360  
Port Saunders .....861-2147  
Stephenville .....643-6588

• **Regional Health Authorities (Eastern Health, Central Health, Western Health, and Labrador-Grenfell Health):** Check your phone book for your nearest community health services/health and community services office.

• **Royal Newfoundland Constabulary**

St. John's .....729-8000  
Corner Brook.....637-4100  
Labrador City.....944-7602

**For Assistance and Services –  
Provincial Resources**

- **Seniors Resource Centre** toll free information line: .....1-800-563-5599 (St. John's) .....737-2333
- **Mental Health** toll free 24-hour crisis line: .....1-888-737-4668
- **Royal Canadian Mounted Police** .....1-800-709-7267



**We open Doors for you!**

**Seniors Resource Centre  
of Newfoundland and Labrador**  
Suite W100, 280 Torbay Road  
St. John's, NL A1A 3W8

Ph.: 709-737-2333 or Toll free: 1-800-563-5599

Email: [info@seniorsresource.ca](mailto:info@seniorsresource.ca)

Website: [www.seniorsresource.ca](http://www.seniorsresource.ca)

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**Seniors Resource Centre  
of Newfoundland and Labrador**



**ELDER ABUSE**

***SHATTERS***

**Lives and Relationships**

**NEGLECT**

